



4step

"One destination success"

"Better, Safer, and Faster"

Manufacturing Innovative
Herbal and Ayurvedic
Products Since 2025

About the Company

4Step Retail Limited has its own manufacturing unit at Vadodara (Gujarat), which is a Schedule-T (AYUSH certified), GMP, and ISO certified facility for manufacturing Ayurvedic medicines. The unit is equipped to produce Ayurvedic products such as herbal cosmetics, tablets, capsules, syrups, powders, creams, hair oils, shampoos, pain relief oils, and protein powders.

4Step Retail Limited specializes in the field of Ayurvedic product manufacturing and focuses on extract-based, research-driven formulations that deliver accurate and effective results. For over 14 years, these products have been successfully used by many doctors due to their proven efficacy. With years of experience,

4Step Retail Limited has developed result-oriented formulations for nearly every disease, offering effective Ayurvedic and herbal products at affordable prices. The company has been manufacturing research-based herbal products for health, beauty, agriculture, and animals since 2008.

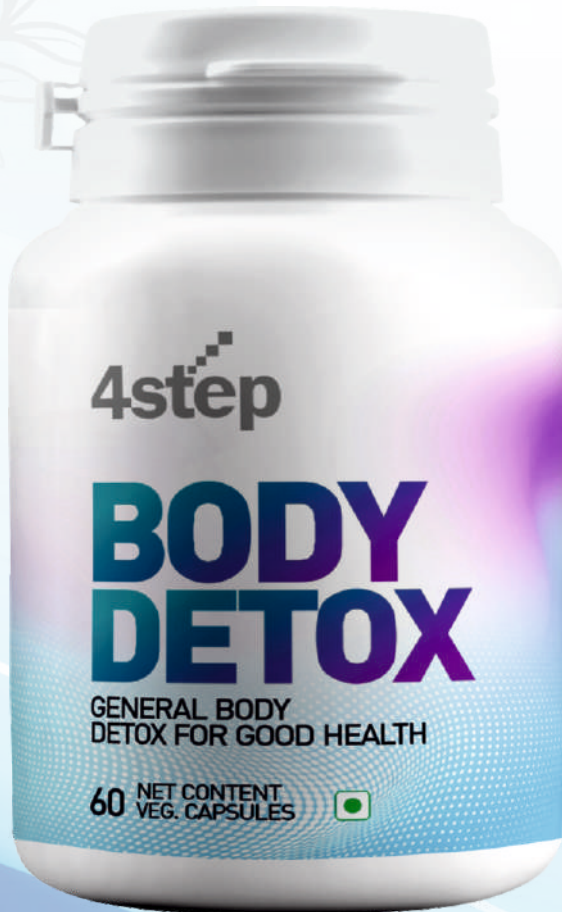
For, **4Step Retail Limited** customer satisfaction through the use of its products remains the top priority.

BODY DETOX

GENERAL BODY DETOX FOR
GOOD HEALTH

CONSTIPATION EFFECTIVE CONSTIPATION TREATMENT

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INGREDIENTS & ROLE

- **Kalmegh** : Supports liver detoxification and helps purify the blood.
- **Bhoomiamlaki** : Traditionally used for liver health and toxin removal.
- **Daruharidra** : Supports healthy digestion and natural cleansing.
- **Bhangro** : Known for liver-strengthening and antioxidant support.
- **Yastimadhu** : Soothes the digestive system and reduces inflammation.
- **Kutaki** : A powerful herb known to support liver regeneration and cleansing.

PRODUCT BENEFITS

- Supports natural liver detox and toxin elimination.
- Helps improve digestion and metabolism.
- Promotes clearer skin by purifying the blood.
- Supports healthy gut function and boosts energy.
- Reduces heaviness, bloating, and fatigue caused by toxic buildup.

USES & APPLICATIONS

- Accumulated body toxins | • Indigestion and sluggish metabolism | • Bloating and acidity | • Low energy and fatigue
- Poor liver function due to lifestyle or diet | • Skin issues caused by toxins | • Weak digestion and poor appetite

DOSAGE

- Take [Dosage/Serving Size] daily with warm water after meals or as suggested.
- For best results, use consistently for 8–12 weeks.
- **Note:** Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

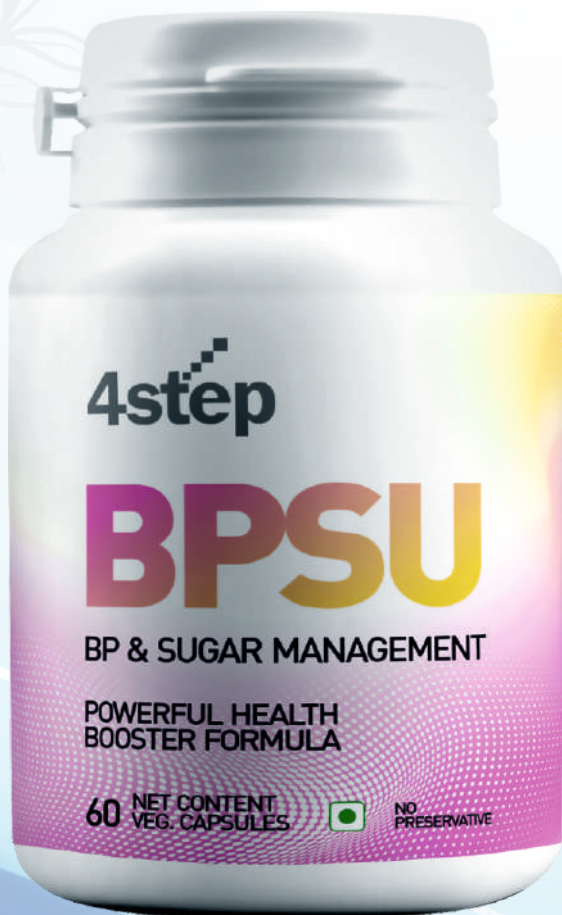
PACKAGING : 60 NET CONTENT VEG. CAPSULES

BPSU

BP & SUGAR
MANAGEMENT

EFFECTIVE BLOOD SUGAR CONTROL

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INGREDIENTS & ROLE

- **Ashwagandha** : Helps manage stress and supports overall metabolic balance
- **Gurmar** : Helps control sugar cravings and supports healthy blood sugar levels
- **Mamejava** : Traditionally used to help maintain normal glucose metabolism
- **Amla** : Rich in Vitamin C, supports immunity and healthy metabolism
- **Chirata** : Supports pancreas function and glucose balance naturally
- **Arjuna** : Helps maintain healthy heart function and circulation
- **Haridra** : Anti-inflammatory properties support metabolic and heart health
- **Rhizome** : Supports nutrient absorption and metabolic balance

PRODUCT BENEFITS

- Supports healthy blood sugar levels naturally
- Helps maintain normal blood pressure levels
- Reduces cravings and supports metabolism
- Strengthens heart and circulation
- Reduces stress-related impact on BP and sugar
- Supports overall metabolic wellness

USES & APPLICATIONS

- High sugar & BP caused by lifestyle imbalance | • Sudden sugar cravings | • Stress-induced BP fluctuations | • Poor metabolism
- Low energy due to sugar spikes | • Weak heart and poor circulation

DOSAGE

- Take [Dosage/Serving Size] with lukewarm water after meals, or as suggested
- For best support, use regularly for 8–12 weeks
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

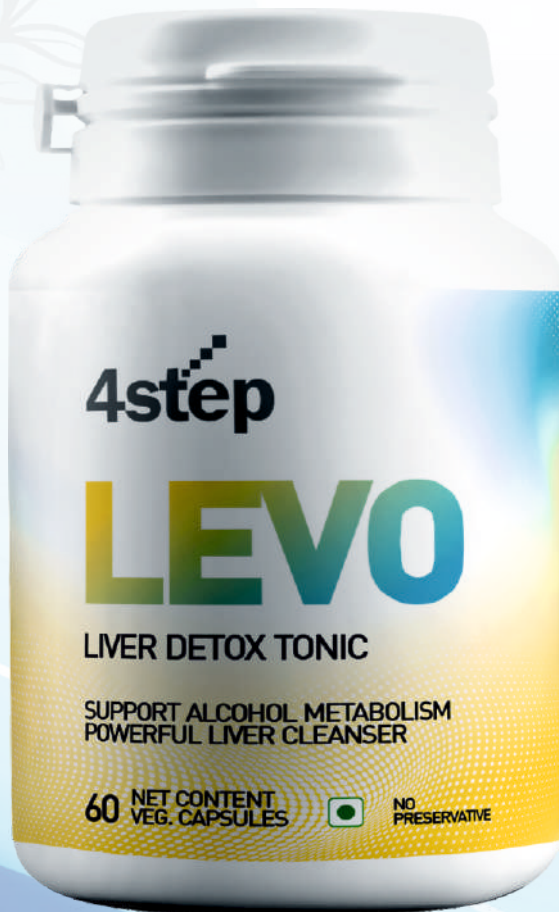
PACKAGING : 60 NET CONTENT VEG. CAPSULES

LEVO

LIVER DETOX
TONIC

BEST WAY TO CARE LIVER

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INGREDIENTS & ROLE

- **Kalmegh** : Supports liver cleansing and helps purify blood.
- **Bhoomiamlaki** : Traditional liver tonic that aids natural detox.
- **Daruharidra** : Supports digestion and internal cleansing.
- **Bhangro** : Strengthens liver and provides antioxidant support.
- **Yastimadhu** : Soothes digestive tract and supports inflammation control.
- **Kutaki** : Supports liver detox and natural liver regeneration.

PRODUCT BENEFITS

- Supports deep liver detoxification
- Helps improve digestion and metabolism
- Aids in flushing out body toxins
- Supports healthy skin and natural glow
- Reduces fatigue, heaviness and bloating
- Enhances liver strength and function

USES & APPLICATIONS

- Fatty liver and sluggish liver function | • Poor digestion and slow metabolism | • Acidity, gas, bloating and nausea |
- Toxic overload due to unhealthy lifestyle | • Skin dullness caused by internal toxins | • Low energy and frequent fatigue

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals or as suggested
- Use regularly for 8–12 weeks for best liver support
- **Note:** Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

FTWL

GARCINA CAPSULE

REMOVE FAT
NATURALLY

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INGREDIENTS & ROLE

- **Kokum** : Contains Hydroxycitric Acid (HCA) which supports appetite control, helps manage cravings, and assists in healthy weight management.

PRODUCT BENEFITS

- Supports healthy weight management
- Helps control hunger and reduce cravings
- May support fat metabolism naturally
- Helps maintain energy levels during weight goals
- Supports a feeling of fullness

USES & APPLICATIONS

- Increased appetite and cravings | • Weight gain from overeating | • Low energy during weight management journey
- Slow fat metabolism | • Desire for natural weight wellness support

DOSAGE

- Take [Dosage/Serving Size] with lukewarm water before meals, or as suggested
- Use regularly for 8–12 weeks for better results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

PILO

PILES RELIEF
CAPSULES

PILES MANAGEMENT PILES PROBLEM ? NO MORE PROBLEM

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INGREDIENTS & ROLE

- **Nagkesar** : Helps support healthy veins and reduce discomfort
- **Kutej** : Known for supporting digestive balance and intestinal comfort
- **Daruharidra** : Helps reduce irritation and supports internal healing
- **Triphala** : Aids digestion, supports bowel regularity and gentle detox
- **Ajmoda** : Helps reduce gas and digestive discomfort
- **Sunth** : Supports digestion and reduces inflammation
- **Indrajav** : Traditionally used to support intestinal health
- **Marica** : Supports better absorption and digestion.

PRODUCT BENEFITS

- Supports healthy bowel movement without strain
- Helps reduce discomfort related to piles
- Supports healthy digestion and reduces constipation
- Helps reduce irritation and inflammation naturally
- Supports vein health and overall anorectal comfort

USES & APPLICATIONS

- Constipation and hard stools | • Discomfort while passing stools | • Itching, irritation and anorectal discomfort |
- Digestive imbalance causing bowel strain | • Irregular bowel movement

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals, or as suggested
- Use regularly for 6–10 weeks for better comfort and results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

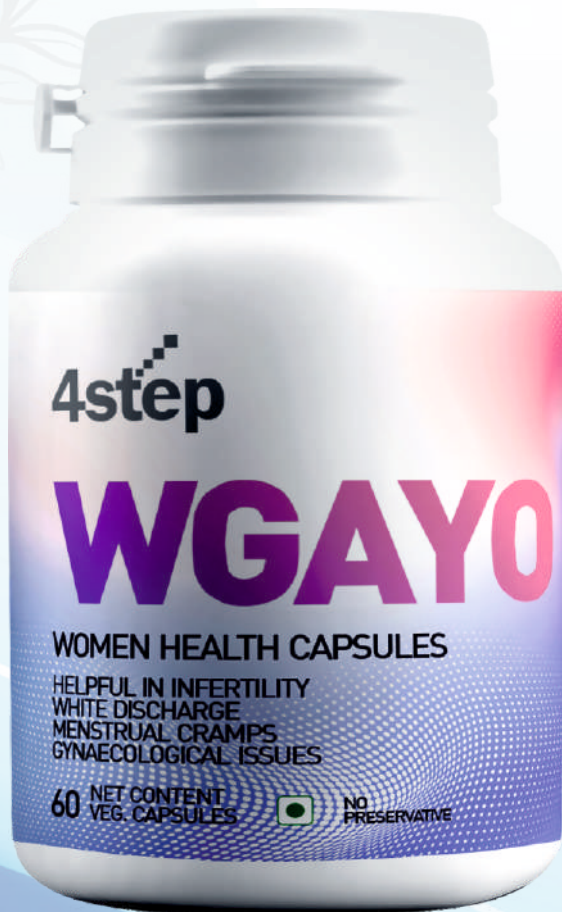
PACKAGING : 60 NET CONTENT VEG. CAPSULES

WGAYO

WOMEN HEALTH
CAPSULES

BE A PERFECT
LADY

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INGREDIENTS & ROLE

- **Ashoka** : Supports healthy menstrual cycle and uterine health
- **Lodhra** : Helps maintain hormonal balance and supports female wellness
- **Nagkesar** : Traditionally used for menstrual comfort and healthy flow
- **Neem** : Helps internal cleansing and supports skin health
- **Shatavari** : Natural female health tonic, supports hormones and overall vitality

PRODUCT BENEFITS

- Supports hormonal balance naturally
- Helps maintain regular and comfortable menstrual cycles
- Supports uterine and reproductive health
- Helps reduce menstrual discomfort and fatigue
- Promotes overall female wellness and vitality

USES & APPLICATIONS

- Irregular menstrual cycle | • Menstrual discomfort or cramps | • Hormonal imbalance symptoms |
- Weakness and fatigue during periods | • General reproductive health support

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals, or as suggested
- Use regularly for 8–12 weeks for best results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

FAR FLOW

HAEMATINIC CAPSULES

HAEMOBLOBIN AND MULTI VITAMIN

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INGREDIENTS & ROLE

- **Ashwagandha** : Helps improve energy levels, stamina and overall vitality
- **Gokhru** : Supports healthy kidney and urinary function, boosts strength
- **Harad (Haritaki)** : Supports digestion, detox and nutrient absorption
- **Amla** : Rich in natural Vitamin C, supports iron absorption and boosts immunity

PRODUCT BENEFITS

- Supports healthy hemoglobin levels naturally
- Helps improve energy and reduce fatigue
- Supports better iron absorption in the body
- Enhances stamina and overall vitality
- Supports healthy blood formation and circulation

USES & APPLICATIONS

- Low energy and tiredness | • Poor immunity and weakness | • Low blood and nutritional deficiency symptoms
- Fatigue due to low vitality | • Support during recovery or weakness

DOSAGE

- Take [Dosage/Serving Size] with water after meals, or as suggested
- Use regularly for 8–12 weeks for best results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

PINO

PAIN MANAGEMENT

THE FASTEST PAIN MANAGEMENT
IN THE SAFEST WAY

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INGREDIENTS & ROLE

- **Ashwagandha** : Helps reduce stress and supports joint & muscle comfort
- **Nagod** : Traditionally used to support pain relief and ease inflammation
- **Sunth** : Supports inflammation control and improves circulation
- **Khurasani Ajwain** : Helps relieve muscle and joint discomfort
- **Yastimadhu** : Supports inflammation reduction and soothes tissues

PRODUCT BENEFITS

- Supports natural pain management
- Helps reduce muscle and joint discomfort
- Supports inflammation control
- Improves mobility and flexibility
- Helps ease stiffness and fatigue

USES & APPLICATIONS

- Joint and muscle discomfort | • Back, knee, shoulder or neck stiffness | • Pain due to physical exertion
- Inflammation-related discomfort | • Low mobility or body stiffness

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals, or as suggested
- Use regularly for 6–10 weeks for better comfort and support
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

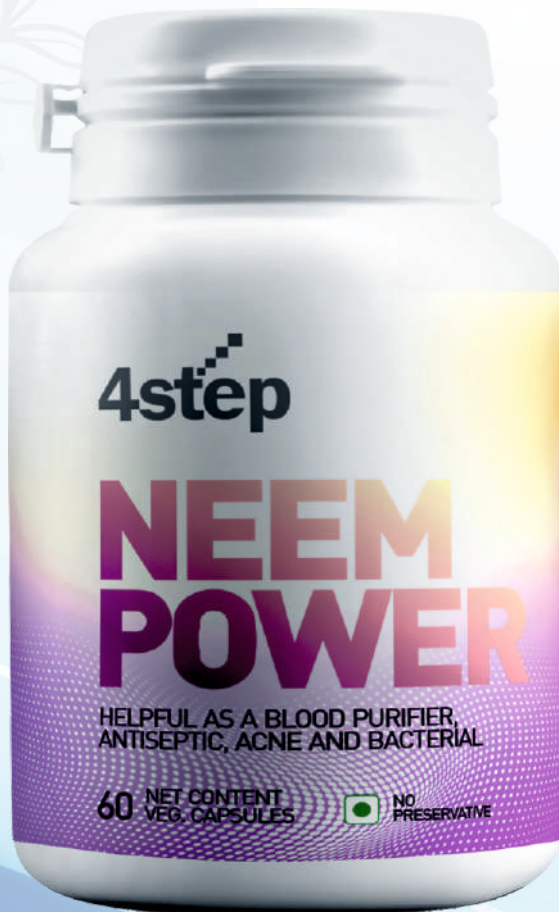
PACKAGING : 60 NET CONTENT VEG. CAPSULES

NEEM POWER

HELPFUL AS A BLOOD PURIFIER
ANTISEPTIC, ACNE & BACTERIAL

POWERFUL NEEM

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INGREDIENTS & ROLE

- **Neem** : Supports blood purification, helps reduce acne-causing bacteria
- **Majith** : Known for skin detox and improving complexion
- **Tulsi** : Natural antioxidant, supports healthy skin and immunity
- **Kalmegh** : Helps cleanse blood and supports skin health
- **Harde** : Supports internal detox and digestive wellness
- **Haridra** : Natural antiseptic, helps reduce inflammation and skin impurities

PRODUCT BENEFITS

- Supports natural blood purification
- Helps reduce acne and bacterial skin issues
- Supports skin detox from inside
- Helps reduce inflammation and skin irritation
- Promotes clear, healthy and glowing skin

USES & APPLICATIONS

- Acne and pimples | • Bacterial skin concerns | • Oily and dull skin | • Skin detox and purification
- Occasional skin breakouts

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals, or as suggested
- Use regularly for 6–12 weeks for visible results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

HRT0

WEAK HEART
BLOOD PRESSURE

**STRONG HEART
ALWAYS**

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INGREDIENTS & ROLE

- **Arjuna** : Supports heart muscle strength and healthy cardiac function
- **Haridra** : Antioxidant that helps manage inflammation and supports heart wellness
- **Shigru** : Supports healthy blood circulation and cardiovascular health
- **Amla** : Rich in Vitamin C, supports cholesterol balance and overall heart protection

PRODUCT BENEFITS

- Supports healthy heart function naturally
- Helps maintain normal blood pressure levels
- Supports healthy cholesterol and blood circulation
- Strengthens heart muscles and overall cardiac wellness
- Provides antioxidant protection to the heart

USES & APPLICATIONS

- Weak heart function support | • Maintaining healthy blood pressure | • Supporting healthy cholesterol balance
- Improving blood circulation | • General cardiovascular wellness

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals, or as suggested
- Use consistently for 8–12 weeks for best results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

CHLO

CHOLESTEROL
MANAGEMENT

RIGHT ANSWER TO HIGH LIPID PROFILE

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INGREDIENTS & ROLE

- **Guggulu** : Traditionally supports healthy cholesterol balance and metabolism
- **Garlic** : Helps maintain healthy lipid levels and supports heart wellness
- **Methi** : Supports healthy cholesterol levels and aids digestion

PRODUCT BENEFITS

- Supports healthy cholesterol levels naturally
- Helps maintain healthy lipid metabolism
- Supports heart health and circulation
- Helps reduce unhealthy fat buildup
- Promotes overall cardiovascular wellness

USES & APPLICATIONS

- Maintaining healthy cholesterol levels | • Supporting lipid and fat metabolism | • Supporting healthy blood circulation
- Heart health maintenance | • Weight and metabolism support

DOSAGE

- Take [Dosage/Serving Size] with warm water after meals, or as suggested
- Use consistently for 8–12 weeks for best results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or taking medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

ORTHO

CALCIUM BONE FRACTURE
SUPPORT

**FIGHT CALCIUM DEFICIENCY
NATURALLY**

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INGREDIENTS & ROLE

- **Hadjod** : Traditionally known for supporting bone healing and strengthening, especially in fractures.
- **Ashwagandha** : Helps reduce inflammation and supports muscle recovery.
- **Arjuna** : Supports bone tissue regeneration and overall structural strength.
- **Babool** : Helps strengthen bones and joints.
- **Asario** : Useful for reducing stiffness in joints and muscles.

PRODUCT BENEFITS

- Supports strong and healthy bones
- Helps boost bone recovery and repair naturally
- Aids better joint flexibility and muscle strength
- Supports post-fracture healing and mobility
- Helps maintain bone density and reduces weakness

USES & APPLICATIONS

- Bone weakness | • Fracture recovery | • Joint discomfort | • Low bone density | • Muscle stiffness
- Calcium deficiency support | • Post-injury mobility

DOSAGE

- Take [1–2 tablets/capsules] twice daily after meals or as directed
- Best paired with a calcium-rich diet for enhanced results
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or on medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

TUR MERIC

HALDI-CURCUMIN CAPSULES

GENERAL HEALTH TONIC

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INGREDIENTS & ROLE

- **Haridra**: A powerful natural anti-inflammatory and antioxidant that helps support joint health, immunity, digestion, skin healing, and overall wellness.

PRODUCT BENEFITS

- Supports healthy joints and reduces discomfort
- Boosts natural immunity and protects cells from oxidative stress
- Promotes healthy digestion and gut wellness
- Helps maintain clear, glowing skin
- Supports the body's natural inflammatory response

USES & APPLICATIONS

- Joint pain & stiffness | • Low immunity | • Inflammation-related discomfort | • Digestive imbalance
- Skin concerns and dull complexion | • Muscle soreness after activity

DOSAGE

- Take [1–2 capsules] daily after meals or as recommended
- Best absorbed with warm water or milk
- **Note**: Consult your healthcare practitioner before use, especially if pregnant, nursing, or on medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES

SLIPO

HELPFUL IN INSOMNIA
ANXIETY, & DISTURB SLEEP

DEEP SLEEP WITHOUT
HANG OVER

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INGREDIENTS & ROLE

- **Brahmi** : Supports relaxation, calm mind, and healthy sleep cycle.
- **Jaifal** : Helps induce natural sleep and reduce restlessness.
- **Vaj** : Supports stress relief and clears mental fatigue
- **Khurasani Ajwain** : Helps relieve muscle and joint discomfort
- **Yastimadhu** : Supports inflammation reduction and soothes tissues

PRODUCT BENEFITS

- Supports healthy and deep sleep naturally
- Helps calm a restless and overactive mind
- Helps reduce stress and mental fatigue
- Supports better sleep quality without morning drowsiness
- Promotes relaxation and emotional balance

USES & APPLICATIONS

- Difficulty falling asleep | • Interrupted sleep patterns | • Stress and anxiety affecting sleep
- Mental exhaustion and restless mind | • Poor sleep quality or light sleep

DOSAGE

- Take [1–2 capsules] 30 minutes before bedtime with warm water or milk
- For best results, maintain consistent sleep timing
- **Note** : Consult your healthcare practitioner before use, especially if pregnant, nursing, or on medication.

PACKAGING : 60 NET CONTENT VEG. CAPSULES



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www.4stepnetwork.com